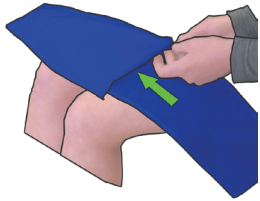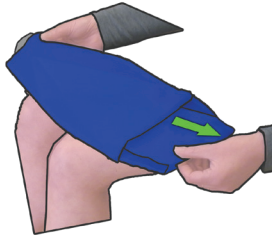# PUTTING ON YOUR GARMENT USING GUS BASIC ARM
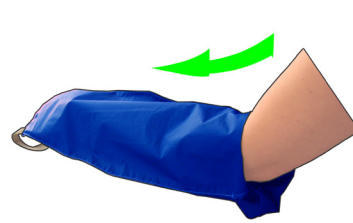
⚠ **Caution:** Sharp fingernails, rings and bracelets can damage garments. Rings and bracelets should be removed before you apply/remove your garment.

1 Fold both flaps inward

2 If desired lengthen the elbow section

3 Place your arm in the opening

4 Pull your arm sleeve up your arm

5 Gently pull the grey handle to remove Gus

6 Completely remove Gus and adjust the arm sleeve if neccessary

Note: The use of donning gloves can aid in the application of compression garments

TAKING OFF YOUR GARMENT USING GUS BASIC ARM

⚠ **Caution:** Sharp fingernails, rings and bracelets can damage garments. Rings and bracelets should be removed before you apply/remove your garment.
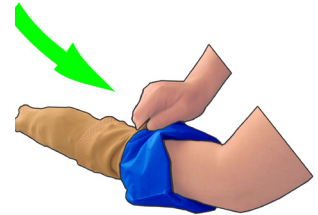
1 Open both flaps of Gus
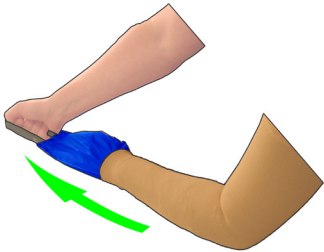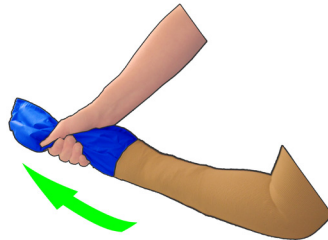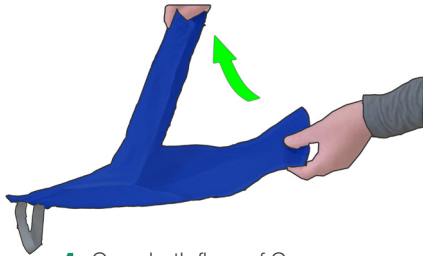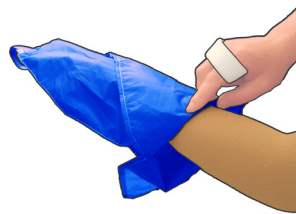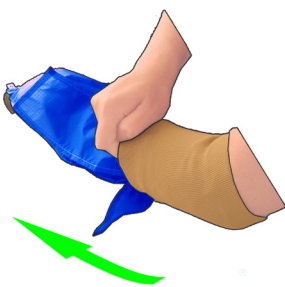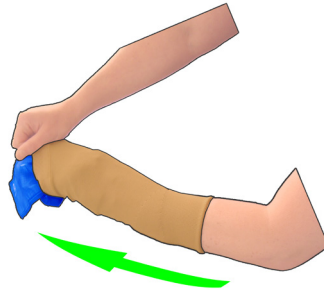
2 Place your arm in the opening

3 Attach the fixing strap near the elbow

4 Fold both flaps over fixing the strap

5 Fold top end of the sleeve over the flaps

6 Pull sleeve downward and roll-off

Note: The use of donning gloves can aid in the removal of compression garments